

CITATION OF MERIT

REQUIREMENT

Ohio Unit Plan of Action



VETERANS AFFAIRS & REHABILITATION

CHAIRMAN

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VICE CHAIRMAN

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REPORT DUE TO April 15, 2020 to DISTRICT CHAIRMAN BY: DISTRICT CHAIRMAN

DISTRICT CHAIRMAN SEND TO DEPARTMENT CHAIRMAN BY MAY 1, 2020

Your <u>District</u> VA & R Chairman

(address shown below)

District VA&R Chairmen

				Distric	0 1110011	Channe	=	
01	587	PAM	BRENNEMAN	1467 GAGE RD	TOLEDO	43612	(419) 283-5655	pam52@buckeye-express.com
02	387	DEBORAH	MEYER	90 N LINCOLN AVE	MINSTER	45865	(419) 628-3339	debmeyer69@gmail.com
03	184	ROBYN	COOPER	901 W. HIGH ST	PIQUA	45356	(937) 773-0165	ronaldcooper901@gmail.com
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07	757	PATRICIA	OLAKER	207 CEDARWOOD TERRACE	CHILLICOTHE	45601-1778	(740) 653-8056	
08	011	TAMMY	DILLON	734 PIERCE AVE	LANCASTER	43130	(740) 653-8056	tomtammy49@columbus.rr.com
09	214	SUE	SCHOFIELD FRATINO	7565 LAMBTON CT	MENTOR	44060	(440) 354-1838	Sscoey17@gmail.com
10	436	JULIE	MARTIN	12574 ISLANDVIEW AVE NW	UNIONTOWN	44685	(330) 699-6268	msjulieamartin@gmail.com
11	071	REBECCA	COLE	74 S MAIN ST LOT 8	ROSEVILLE	43777	(740) 704-1221	rcole4@columbus.rr.com
12	614	JANE	DOMER	5252 GRANDON DR	HILLARD	43026	(614) 653-2710	ivdomer@yahoo.com
13	627	KIM	BUNCH	3018 LINCOLN AVE	PARMA	44134		
14	801	JANICE	MANG	9287 SHEPARD RD	MACEDONIA	44056	(330) 467-4490	ianicemang@windstream.net

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Department receive cred stories will b	nould be attached to ear award. Please fill out t lit for an award submiss be accepted as a report. blete the following. Be	ch narrative that is sub he information as com ion or Citation of Meri	pletely and accurately t. Narrative - there is r	n, Citation of Meritro y as possible. A Unitr no word countrequir	nust submit a narrativ	e in order to	
District	Unit #	Member	ship Goal	Membership	Total As of Report		
Name of Pers	son Completing Report	t:		Unit Chair.	Unit Pr	es.	
Phone #	Emai	il		Membership	ID (if available)		
Specific Awa	rd Name(if applicable)						
			Deadline: April				
		MAIL 10 DIS	TRICT VA & R	CHAIRMAN			
The Na	ational Cove	er Sheet is in	ncluded as	the next for	rm. Please	fill out	
the Uni	it or Membe	r Portion a	nd send wit	h your Nai	rrative. Sei	nd your	
narrat	ive, this rep	ort form an	d National	Cover She	et to your I	<u>District</u>	
	-	or Depa	rtment Cha	irman.	•	_	
1. How Di	d your Unit Particip	pate at the VA Ho	spitals and other V	VA facilities? Exp	olain.		
	1 1	1.4 ' G '					
2. Describe	e how members ear	rned their Service	to veterans nours	!			
3. How die	d your Unit Suppor	t your local Vetera	ans? Do you have	any unique ideas	to share with other	er Units?	
Explain.							
	Total Number of	Pro Total Number of	gram Summation Total Number of	n: Total Dollars	Total Number of		
	Volunteers	Jr. Volunteers	Volunteer Hours	Spent or Raised	Patriotic/Veteran Programs/Events		
				\$	1 Tograms/Events		
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American Legion Auxiliary National Report and Award Cover Sheet

See the Annual Supplement to the Programs Action Plan to determine where to send this form. Please note, your report will also be viewed as an award entry if this cover sheet is attached.

Complete the following if you are applying for a member award. Unit #: _____ Full official unit name: _____ Name of state where you are a member: Member's Full Name: _____ALA member ID#: _____ Nominating Member (if different from above): Nominator's Phone number: (____)____ Nominator's Email address: National committee sponsoring award: Name of the award you are applying for: ****************************** For a unit award or to submit a year-end unit narrative report, please complete this section. Be sure to give the complete name of your unit. The award certificate will be prepared using the information you include below. Unit #: _____ Full official unit name: _____ Name of department: Unit president/chairman (circle one) name: Above listed person's ALA member ID#: Phone number: () Email address: For a department award or to submit a year-end department narrative report, please complete this section: Name of department: Name of department chairman: Chairman's phone number: (_____)_____ALA member ID#:

Chairman's email address:

VA & R

What is this program, and why do we have it?

The Veterans Affairs & Rehabilitation program promotes our mission to enhance the lives of veterans, military and their families.

What can you do?

1. Provide opportunities for Auxiliary members to serve veterans and their families as volunteers at VA health care facilities through the VA Voluntary Service (VAVS).

Ideas:

Members

- Become a regular VAVS volunteer.
- Invite others to become VAVS volunteers with you.
- Enter all of your VAVS hours into the VAVS tracking system. Note: VA Healthcare facilities
 volunteer hour tracking system is different from the tracking utilized for ALA hour bars. Please
 consult the Auxiliary hospital representative at your facility.
- 2. There isn't a VA hospital close to your community? Find opportunities for Auxiliary members to serve veterans in your area. These hours will count toward your Service to Veterans pin and hour bars.

Service to Veterans

Service to Veterans recognizes volunteers who provide service to veterans, service members and their families outside a VAMC. Volunteers conduct projects and work for military/veterans and/or families from their homes and in their communities. Service to Veterans volunteers maintain their own recordkeeping and dollars spent. A new pin has been designed to reflect the work of those who volunteer in their communities and at home for veterans. Hour bars, which attach to the pin, are also available to earn. More information may be in the Veterans Affairs & Rehabilitation: A Guide for Volunteers available online for download at www.alaforveterans.org. To purchase a printed copy, please visit www.emblem.legion.org.

Ideas:

Member

- Support veterans from the comfort of your community or home. Service to Veterans combines community volunteer opportunities and volunteering opportunities created in your home.
- Sew quilts for the Quilts of Valor Foundation. For more information, please visit www.qovf.org/.
- Help a veteran use the Internet.
- Supply postage for local veterans in rest homes or assisted living facilities.
- Organize a clothing drive.
- Organize transportation for veterans to assist them with essential errands.
- Find out what is needed and volunteer.
- Report your Service to Veterans hours to your unit VA&R chairman.
- See Awards section of this Plan for information on Hour Bar Recognition.

Unit

- Become the catalyst to find needs and encourage members to help veterans in their community.
- Provide hospitality for a job fair for veterans.
- Coordinate with local quilt shops to help your unit sponsor a quilting event in support of Quilts of Valor.
- Contact members, including those who only occasionally attend meetings and events and invite them to participate for specific limited duration projects that would help area veterans.
- Compile and record hours provided by your members.
- Coordinate with your PR chairman to tell the community what work your unit members are doing for veterans.

3. Assist veterans in accessing VA benefits including, but not limited to, health care. This should include coordinating with the local American Legion Post Service Officer.

Ideas:

Members

- Coordinate with local American Legion posts to identify the local Service Officer or see list at www.legion.org/serviceofficers.
- Help eligible veterans attain benefits through referrals.
- Encourage eligible veterans to use the VA health care system and its services, including hospitals, Community Based Outpatient Clinics, Vet Centers, etc.
- Participate in and encourage veterans and their family members to participate in town-hall meetings organized by The American Legion in advance of the Legion's *System Worth Saving* site visits to VA health care systems: www.legion.org/systemworthsaving.
- Resource:

VA Health Care Hotline for women veterans 1-855-VA-Women (1-855-829-6636); explore.va.gov/health-care

Unit

• Invite the local, county or state Service Officer to be the guest speaker at a unit/department event.

4. Assist in activities that help homeless veterans.

Ideas:

Members and Units

- Give a helping hand to the Legion's homeless veteran coordinator in your department and offer to assist that coordinator in responding to requests for assistance from homeless veterans or homeless veteran service providers.
- Crochet hats, scarves or mittens to be distributed to homeless veterans. Use information provided by your department chairman to contact the homeless veteran coordinator at the VA health care system nearest you to explore what the unit or you can do to help homeless veterans in your community.
- Participate in the VA Project CHALENG organized by the VA health care system nearest to you.
 (Project CHALENG for Veterans enhances the care for homeless veterans provided by your local VA and its surrounding community service agencies.)
- Contact your local post chairman and offer your assistance if requests for help come through the Legion's Family Support Network (FSN).

- Raise funds for local American Legion posts to help veterans and their families through the Family Support Network for veterans at risk of losing their housing or homeless veterans transitioning to permanent housing.
 - o Make payments of overdue rent, utility payments or deposits and security deposits.
- Host or volunteer at homeless veterans' stand downs, events where homeless veterans receive free goods and services such as haircuts and medical exams.
- Contact homeless veteran emergency shelters, transitional housing projects and permanent housing projects in your community and identify the organization's volunteer and in-kind contribution needs, including:
 - Meal preparation and serving
 - Clothes collection and distribution
 - o Assembly and delivery of hygiene kits, buddy baskets
 - o Purchasing or securing household items or furniture
- Reach out to specific homeless veterans, such as residents of projects mentioned above to provide her/him practical, social and moral support.
- Compile "blessing bags" to be given to the local police department or other organizations that deal with the homeless veteran population.
- Create a "Tree of Warmth" by collecting scarves, mittens, hats and attaching them to a tree in a location the homeless frequent. Include a sign that says, "Please Take if Needed," "Free if Needed," or something similar.

5. Support rehabilitation and healing of veterans through arts, crafts and hobbies.

National Veterans Creative Arts Festival (NVCAF) - NVCAF is the national, annual competition and festival that recognizes the progress and recovery made through recreation therapy and raises the visibility of the creative achievements of our nation's veterans after disease, disability or life crisis. As the national presenting sponsor, the American Legion Auxiliary should strive to increase monetary support by encouraging departments to sponsor fundraisers that will contribute to the increased awareness and support of this program.

Ideas:

Members/Units

- Obtain and become familiar with the 2014 edition of ALA Guide for Volunteers.
- Help your unit and department earn recognition at National Convention through donations to support VA Creative Arts Festivals. Volunteer individually, with a fellow member, or as a unit at a local Creative Arts Festival.
- Identify arts, crafts and hobby projects targeted to veterans (such as writing, oral history recording, visual and performing arts, quilting and gardening). A unit may organize a project of its own or introduce a unit to veteran arts, crafts and hobby projects already operational in the community. See *Arts Deployed: Action Guide and Webinars* to help you bring the arts to your community. www.alaforveterans.org/Programs/Veterans-Affairs---Rehabilitation/
- Contribute donated supplies to help supplement visual veteran artists' needs for their projects. Contact your department chairman or your local VA hospital coordinator for a list of items.
- Donate, through departments, funds that help local veterans attend state and national Wheel Chair Games, Veterans Creative Arts Festivals, Para Olympics, etc.
- Encourage individuals to support state VA Creative Arts Festivals through donations. Contributing departments will be recognized at National Convention. One method may include challenging units to earn a bronze, silver or gold award given by NVCAF in recognition for financial donations to the program. Departments, units or individuals can earn the Bronze award for donations to the National

Veterans Creative Arts Festival of \$1,000 to \$1,999; the Silver award for donating \$2,000 to \$4,999; or the Gold award for \$5,000 and above. ALA National Headquarters submits qualifying donations to NVCAF staff each July. Donations considered are those received in the national office from August 1, 2019, to July 31, 2020.

- Recruit members to volunteer at local Veterans Creative Arts Festivals conducted by many VA health care systems across the country.
- Apply to the ALA Foundation for an ALA Local Veterans Creative Arts Festival/Creative Arts Workshop Grant to assist your local VA health care system in preparing for and/or conducting a local Creative Arts Festival.
- Advocate for art therapy, music therapy, drama and recreational therapy programs in VA health care systems.
- 6. Help The American Legion, State Department of Veterans Affairs and Chamber of Commerce promote job fairs for veterans and their families.

Ideas:

Members

- Take part in a veteran job fair by organizing or working at an informational table. Other opportunities include helping implement a Legion-sponsored job fair and/or co-hosting a Legion Family information table at a U.S. Chamber of Commerce Foundation-sponsored job fair. Additionally, Auxiliary members may initiate and host a job fair for veterans in their community.
- Serve as a career e-mentor for women veterans.
- Volunteer for Habitat for Humanity, specifically if a house build is supported by The American Legion.

Unit

- Host an informational table at a local job fair.
- Support the Legion by helping host a local job fair at your post home.

ALA Resources

How to Organize a Job Fair for Veterans and/or Military and Veteran Spouses

Additional Resources

- www.uschamber.com/hiringourheroes
 - Serve as a career e-Mentor for women Encourage Auxiliary members to serve as career mentors for female veterans via electronic communications. The e-mentoring network, operated by the Business and Professional Women's Foundation, Joining Forces and Mentoring Plus, virtually pairs female veterans with career mentors and subject matter experts for guidance and support
- <u>www.ementorprogram.org/p/milspouse/</u>
 - Home Building Support home building and renovation projects for veterans and their families by volunteering for Habitat for Humanity. Locate veteran-specific projects through The American Legion. For additional information, view www.legion.org/documents/legion/pdf/habitat.pdf

7. Assist and support caregivers of veterans.

Ideas:

Members

- Familiarize yourself with the service of the VA caregiver support program.
- Familiarize yourself with the Military and Veteran Caregiver Peer Support Network.
- Become a veteran caregiver peer support trainer or volunteer
- Become a Legacy Corps AmeriCorps member if the Legacy Corps project is offered in a state or locality near you.
- Volunteer as a VA Voluntary Service volunteer support caregiver if the VA health care system closest to you offers such volunteer opportunity.

Units

- Familiarize your unit and community with the services of the VA caregiver support program.
- Invite the VA caregiver support coordinator in the VA healthcare system closest to you to make a presentation to your unit, district or community-wide meeting.

ALA Resources

Legacy Corps Frequently Asked Questions

Additional Resources

VA Caregiver Support – www.caregiver.va.gov/
Elizabeth Dole Foundation- www.elizabethdolefoundation.org
Military and Veteran Caregiver Peer Support Network - www.taps.org/MVCN/

The Veterans Affairs & Rehabilitation program promotes our mission to enhance the lives of veterans, military and their families. The Veterans Affairs & Rehabilitation Program and the 2014-2019 ALA Centennial Strategic Plan: Our work to enhance the lives of veterans, military and their families, provide our members opportunities to serve in volunteer leadership roles within their local Veterans Affairs hospital (Goal 3), which broadens our membership pool (Goal 1) among a target population and builds brand loyalty (Goal 5) with the veterans themselves.

VA&R Awards Deadlines and Submission Requirements:

Taking the time to share a favorite story about the positive impact you or someone you know has had on our mission is worth doing! It helps us tell the world who we are, what we do, and why we matter. Just three simple steps to add your part to our national success story:

- 1. Please follow instructions as you fill out the National Report and Awards Cover Sheet found in this Program Action Plan.
- 2. Provide details/examples about the activity as outlined in the award's materials and guidelines section.
- 3. Submit as indicated in the Annual Supplement to the Programs Action Plan.

National Report and Awards Cover Sheet, deadlines, and VA&R committee contact information may be found on the VA&R committee page on the national website, www.ALAforVeterans.org.

Service to Veterans

- **A.** Unit Award: Most Outstanding Unit VA&R Program (Department Chairman to select and forward to Divisional Chairman by deadline date)
 - Deadline: June 1, 2020
 - Send to national VA&R chairman postmarked or emailed by 5 p.m. EST on the deadline listed above.
- **B. Department Award:** Best Department VA&R Program (*Department Chairman to complete and forward to Divisional Chairman by deadline date*)
 - Deadline: June 1, 2020
 - Send to national division chairman postmarked or emailed by 5 p.m. EST on the deadline listed above.

National Veterans Creative Arts Festival (NVCAF) support recognition

- A. **NVCAF Award:** NVCAF Support Recognition
 - Deadline: July 31, 2020
 - Send donations to the ALA Foundation to National Headquarters

Veteran Affairs Voluntary Service (VAVS)

- A. National Award: VAVS Volunteer of the Year /ALA NAC Nominee
 - Deadline: November 1, 2019
 - Submitted by the chiefs of voluntary service and department chairman to the national VAVS deputy
- **B.** Member Award: 10,000 Hour Volunteer Service
 - Deadline: March 31, 2020
 - Verification of hours must be mailed or emailed to National Headquarters by the first Friday in June
- C. Member Award: 20,000 Hour Volunteer Service
 - Deadline: March 31, 2020
 - Verification of hours must be mailed or emailed to National Headquarters by the first Friday in June
- D. Individual Recognition Award: Volunteer Recruitment & Service Department
 - Deadline: March 31, 2020
- E. Individual Recognition Award: 100 Percent VAVS Meeting Attendance
 - Awarded to each representative and deputy who has 100 percent attendance to VAVS committee meetings at her assigned facility.
- F. Department Recognition from The American Legion Award: Michael Guty Homeless Veterans Outreach
 - Deadline: January 15, 2020
 - Entries must be approved by the department adjutant or department employment chairman and sent to The American Legion National Headquarters. Nomination form is available at www.legion.org
- G. James H. Parke Scholarship
 - Deadline: November 1, 2019
 - See www.va.gov for information on VAVS, James H. Parke Scholarship

DEPARTMENT of OHIO AWARD INFORMATION & DEADLINE

Sue Friedrich Plaque: best overall *VA&R Program* by a Unit based upon their narrative. Entries must be in narrative form not to exceed 1,000 words and must include a completed copy of the annual report form. Include the name and address of the Unit Chairman and forward to Department Chairman, Martha Setlock, 38504 Courtland Dr, Willoughby, Ohio 44094 by **April 15, 2020**

Marie Moore Fund Plaque: awarded to the Unit donating the most money per capita (based upon membership goal) to the Marie Moore fund (gifts presented to the *VAMC* to be used in support of Veterans). Donations must be received in ALA Department Headquarters, P.O. Box 2760, Zanesville, OH 43702-2760 by **June 1, 2020.**

Olive Ruffner Plaque: Awarded to the most outstanding VA Volunteer. Nominations are to be submitted to the Department Hospital Director, Linda Close, 1041 Donnawood Dr, Mansfield, Ohio 44903 by April 15, 2020.

Veterans Affairs & Rehabilitation Reporting:

Mid-Year Reports

Mid-Year reports reflect the program work of units in the department, and are intended as an opportunity for mid-year correction. Each Unit VA&R Chairman is asked to submit a narrative report by **December 15, 2019,** to Martha Setlock, 38504 Courtland Dr., Willoughby, OH 44094.

Year-End Reports

Annual reports reflect the program work of units in the department, and may result in a national award for participants, if award requirements are met. Each Unit VA&R chairman is required to submit a narrative report by April 15, 2020 to the District VA&R Chairman (addresses on first page of POA).

Service to Our Veterans 2019 – 2020 Member Report Form

Members give this report to your VA & R chairman and she will **send all reports by April 15, 2020, to VA & R Vice Chairman, Susan Schofield Fratino, 7565 Lambton Ct., Mentor OH 44060.** Volunteers receiving their FIRST 50 volunteer hours will receive a Service to Our Veterans Pin to wear and hold their future hour bars. There is no cost to the volunteer if it is the Volunteers 1st Pin. Volunteers that have already received their Volunteer Pin may purchase new pins at their own expense thru Emblem Sales or thru Department.

Volunteer N	lame	Meml	Membership #			
District #	Unit #	Unit Name				
Unit Chairm	an	Telephone #	Zip			
Date	Hrs. Worked	Work/Activity Performed Where	Actual Cost/Amount			
Certifying M	lember or Unit VA&	R Chairman:				

Each volunteer needs a separate form, therefore, copy additional sheets as needed.

This information is to be turned into the Vice Chairman of VA&R by April 15, 2020 to receive your pins and hours bars at the Department Convention.